

A word from the MD...



We are nearing the time of year when we are honoured, once again, to host our clients at the various awards banquets around South Africa – giving recognition to excellence within

the SHE management industry. On the 1st of June, the NOSCAR banquet will once again be hosted at Emperors Palace. This year we will be awarding NOSCAR status to more than 80 NOSA client companies – all of which managed to achieve and maintain the ‘NOSCAR level of excellence’! In June and July we will be hosting our three regional banquets in Gauteng, Cape Town and Durban. Our final event for the year is our very successful annual conference and exhibition: NOSHCON 2012. This year’s event will take place from the 11th to the 14th of September at Champagne Sports Resort in the Drakensberg, KwaZulu-Natal. I trust we will see most of you at NOSHCON 2012, which again promises to add tremendous value and knowledge to attendees through the respected list of speakers on the programme and wide variety of products and SHEQ solutions that will be on display. Another highlight on the NOSHCON programme is the NOSA International Awards Banquet where individuals and companies will be honoured for their contributions and outstanding achievements during the past year.

Our new Working at Heights division has shown tremendous growth this year. With our qualified

staff and supply chain we are able to provide quality service and quality products within a short time frame. Occupational Hygiene services are now available throughout South Africa. Being able to offer these services from a local base makes us extremely competitive for both local and national clients. Both of these new divisions have been integrated seamlessly into our suite of SHEQ solutions and we trust our clients will benefit from our continuous innovations and investment in expanded capabilities.

The version of SAMTRAC[®] with relevant updates was released in January and has proved to be well accepted by all. SAMTRAC[®] has recently been independently voted as the most sought after training course in the SHEQ industry and remains the number one choice in South Africa. Further to this, SAMTRAC[®] is now aligned to SAQA’s Safety Officers Skills Programme and carries 10 credits.

We have incorporated an incident reference database linking from the NOSA website (www.nosa.co.za) and providing information on actual incident case studies. We welcome all contributions and urge you to share relevant information for the benefit of all in the industry.

We added an additional 26 Health & Wellness DVDs to our current selection of audio-visual programs. This brings the total selection to more than 100 DVDs to assist our client companies with training, induction and awareness. Version 11 of the Occupational Health and Safety Act is currently available.

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There have been amendments made to various regulations including the Driven Machinery Regulations. Copies are available from all NOSA offices.

Regards

Justin Hobday
NOSA Managing Director

NOSA’s Working at Heights team – going places! *Now also certified to do installations*

Since the last World@NOSA, more than 428 learners have been trained to safely work at height. The focus on this year has shifted from the basic competency courses to accredited height safety courses due to the emphasis on safety within high risk working areas and requirements for unit standard aligned height safety training.

Apart from the developments on the training front, further exciting developments have been introduced to NOSA’s growing client base. NOSA is now a certified and competent installer of permanent lifelines conforming to EN 795 C based on the products as supplied by the TRACTEL[®] group.

(Please turn over)

NOSA's Working at Heights team – going places!

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The NOSA team recently travelled to Romilly Saint Hillaire in France to visit TRACTEL®, receive training on the installations modules and formally obtain certification for installations on of permanently installed horizontal lifelines and systems (e.g. permanent anchor points, rescue and evacuation systems and temporary horizontal lifelines).

With this NOSA is now one of the leading providers of a comprehensive range of 'Working at Heights' services, including training, equipment, systems and installations.

The following products are available:



NOSA and TRACTEL® teams sharing knowledge, skill and cutting-edge technologies.

LIFELINE	DESCRIPTION	APPLICATIONS	ADVANTAGES
Travsmart™	Single cable lifeline with automatic travel through intermediate and turn anchors	<ul style="list-style-type: none"> The Travsmart™ lifeline complies with the requirements of standard EN 795 C. The intermediate anchors must be installed at a maximum distance of 15m. This lifeline is designed for use by up to 5 workers. The Travsmart™ lifeline can be installed in all configurations: <ul style="list-style-type: none"> - Under ceilings - On walls - Under an inclined surface - On ground and on posts 	<ul style="list-style-type: none"> Highly flexible for installations and use (highly ergonomic design) Easy pass through of intermediate anchors with no need for manual intervention User can pass right or left of the line without the need to unhook (additional safety)
Travflex™	For steel and aluminium roofs	<ul style="list-style-type: none"> Unlimited lifeline length 15 metres maximum between anchors Implementation study upon request 	<ul style="list-style-type: none"> Automatic anchor passing, whether near or far, without manual intervention Movement and intervention on either side of the lifeline Use up to 3 operators simultaneously in stainless steel ring version Use up to 5 operators simultaneously in bi-material ring version In compliance with EN 795 C
Travspring™	Easy to install mono cable line	<ul style="list-style-type: none"> Fast and simple to install No special tools required 15 metres maximum between anchors 	<ul style="list-style-type: none"> Manual anchor passing using a simple connector Use up to 5 operators simultaneously In compliance with EN 795 C
Travsafe™	For fragile supporting structures	<ul style="list-style-type: none"> Anchoring device equipped with flexible horizontal retaining cable 	<ul style="list-style-type: none"> Automatic anchor passing, whether nearby or far, without manual intervention Movement and intervention on either side of the lifeline Use up to 3 operators simultaneously In compliance with EN 795 C

NOSA launched online Incident Reference Database

With the goal of reducing incidents across all sectors of industry, the NOSA Incident Reference Database was launched. It is a central database for gathering incident reports and sharing these on the NOSA website at no cost. Incidents are categorised for easy reference and all corporate and individual identities are removed to ensure confidentiality. We invite you to share your incident report in the interest of incident prevention! Please forward your report to incidents@nosa.co.za. Documents received are reviewed and submitted for the contributor's approval prior to publishing.



Introducing: NOSA Occupational Hygiene Services



NOSA now offers the following occupational hygiene services:

HEALTH RISK ASSESSMENTS

- Risk Assessments on occupational stressors including hazardous chemical substances (dusts, fumes, vapours, etc.), physical agents (noise, heat, ventilation, vibration, illumination, etc.), biological agents and Ergonomics (physical and organisational aspects)

WORKPLACE & ENVIRONMENTAL MONITORING

- Hazardous chemical substance surveys such as dusts, fumes, vapours and asbestos – according to internationally recognised methods (NIOSH / OSHA / HSE)
- Noise surveys for hearing conservation or annoyance purposes
- Illumination (day and night time) and emergency illumination surveys
- Ventilation and indoor air quality surveys, including an evaluation of the efficiency of laboratory fume cupboards, extraction ventilation systems and spray booths
- Heat and cold stress surveys

WORKPLACE SURVEYS

- Hygiene and facilities surveys including food handling, sanitary facilities, change rooms, canteens and drinking water
- Survey of the air purity from compressed air systems for airline breathing apparatus
- Baseline ergonomic survey (physical and organisational aspects)
- Air, water and soil pollution assessments

ANALYTICAL & LABORATORY SERVICES

- Gravimetric analysis of airborne dusts and fumes (microbalance)
- Analysis of chemical samples via different sampling media by SANAS accredited laboratories
- Identification of asbestos in bulk materials in accordance with MDHS 77
- Evaluation of asbestos fibres in air in accordance with MDHS 39/4
- Analysis of air, water and soil samples – chemical and microbiological

INFORMATION SERVICES

- Legal aspects of occupational health, hygiene and the environment, Occupational Exposure Limits (OEL), Material Safety Data Sheets (MSDSs)

- Drafting of management programmes, standards, procedures and guidelines
- Selection, use and maintenance of Personal Protective Equipment (PPE)

TRAINING SERVICES

- At client sites “in-house” or at NOSA training venues
- Various stages of training for managers, supervisors and employees
- Educational presentations, DVDs and posters
- The NOSA Training Academy is a SETA and NEBOSH accredited training provider and is ISO 9001 registered

NOSA is accredited/registered with the following organisations:



NOSA Eastern Cape & Occupational Hygiene Team: From left at the back – Sandra Petherbridge (Receptionist NOSA Port Elizabeth), Johan Cornelius (Occupational Hygienist NOSA Centurion), Gert Schoeman (Technologist NOSA Port Elizabeth) and Calvin Fourie (Trainer/Consultant NOSA Port Elizabeth). Front: Elmarie Holder (Sales Executive NOSA Mossel Bay).

NOSA takes Transnet Rail Engineering to new heights in safety

During the first three months of the year, NOSA has been working tirelessly on the installations and fall protection systems at Transnet Rail Engineering in Bloemfontein. Training on unit standards 229998 and 229995

has been successfully completed as well as the installation of the lifelines. The lifelines installed is a 'first of its kind' for Transnet and welcomed by management and all employees, especially those working at heights.

With new and exciting projects on the horizon the height safety section are extremely excited and will ensure to keep you updated on the new developments in the next World@NOSA.



NOSA training Transnet Rail Engineering staff on safe procedures and systems.

Katanga Mining boasts 20% drop in incident rate since NOSA training intervention

NOSA Mining recently concluded the training at Katanga Mining in the Democratic Republic of the Congo. This included SSTC and SHE representative training with practical implementation and assessment, first aid and working at heights training. NOSA's mining specialists, Jan Helm and Charlie Botha spent

several weeks on the mine, taking the staff through the steps of working safely. The majority of training was conducted via an interpreter. The mine's SHE manager, John Chappell, was very clear on the outcomes he expected. The results were extremely positive. The mine has shown a 20%

decrease in the incident rate since the NOSA training commenced. Although the reduced incident rate cannot be attributed solely to the NOSA intervention, there is no doubt that good structured outcomes based training always has an immediate definite impact.



NOSA training at Katanga Mining in the DRC.

New DVDs – 'A Healthy You' – order yours today!

'A Healthy You' is a locally-produced, informative series of DVDs with 3D-animation and real-life examples and re-enactments. The programmes take the viewer on a detailed, fact-finding journey of health and lifestyle issues. A variety of health topics are addressed, including:

- Alcoholism
- Bone Fractures
- Chicken Pox
- Cholesterol
- Ear Health
- Gastroenteritis
- High Blood Pressure
- Insect Bites
- Malaria
- Allergies
- Burns
- Cholera
- Diabetes
- Eye Health
- Hepatitis
- HIV and AIDS
- Living with AIDS
- Malnutrition

- Measles
- Obesity
- Smoking
- Tuberculosis
- Meningitis
- Pregnancy
- Teeth Health
- Typhoid

Your investment in these effective audio-visual awareness and training tools, will result in a proactive and healthy workforce, which in turn leads to increased production with less man-days lost due to ill health and reduced medical claims.

Order your today – contact Anne-Marie Schuster at NOSA Media Sales on telephone +27 (12) 683 0233 or Email: anne-marie.schuster@nosa.co.za – visit www.nosa.co.za for detailed information on the new 'A Healthy You' series.

NOSA at the Mining Indaba – February 2012



SAMTRAC 
the flagship in SHE training

VOTED NO 1!

Did you know that SAMTRAC® has been voted number one for the 'most recognised and preferred short course' by the SHEQ industry!
(Source: SAIOSH survey 2012)



NOSA AWARDS & EVENTS

Please diarise the following important NOSA events:

- 01 June 2012:** NOSCAR Banquet, Emperors Palace
- 20 June 2012:** NOSA Regional Awards – Eastern Region
- 21 June 2012:** NOSA Regional Awards – Northern, Central and Vaal Region
- 27 June 2012:** NOSA Regional Awards – Western Cape
- November 2012:** NOSA Regional Awards – Eastern Cape

11-14 September 2012
CHAMPAGNE SPORTS
RESORT, CENTRAL
DRAKENSBERG
KWAZULU-NATAL,
SOUTH AFRICA

To view the full conference programme and to register, visit
the new NOSHCON 2012 website @ www.noshcon.co.za

NOSHCON 2012
AFRICA'S LARGEST OCCUPATIONAL, HEALTH
AND SAFETY CONFERENCE & EXHIBITION

Proudly hosted by:
NOSA®
★★★★★





Safety at Sports and Recreation Events Act, 2012 (Act No 2 of 2010)

Intention of the Act

To provide for measures to safeguard the physical well-being and safety of persons and property at sports, recreational, religious, cultural, exhibitions, organisational or similar events held at stadiums or venues.

Salient features

The Act is applicable to all events where 2 000 or more people are expected with the requirements of the Occupational Health and Safety Act, SANS 10366: 2009 as well as the National Commissioner of the South African Police Services being key elements.

Responsibility for Safety and Security at events

The following are the minimum requirements:

1. Establishing a Venue Operating Centre (VOC) for each medium or high risk event
2. Consideration how and where tickets may be sold
3. Undertake a risk assessment so as to identify potential risks and exposures
4. Appoint a safety officer as well as stewards in writing
5. Development of a safety plan

Please speak to your local NOSA representative should you require any support as far as the health and safety requirements are concerned.

Cosmos 3 in 1 – NOSA Secunda was there for the fourth consecutive year!

The race, which took place on 10 March, was once again voted one of the Top Five Marathons of the year. The aim is to run all three races, which add up to a total of 73.3 kilometres. However, runners choose the distance that best suit their fitness level and the race is a perfect training opportunity for the Comrades Marathon.

NOSA was once again, a welcomed sponsor at the 'Golden Mile'. The weather, organisation and spirit were all perfect on the day. Runners were supported by NOSA with much needed water bottles and other handy items – but most of all – cheering on with enthusiasm! NOSA's team of six runners included Tina Herbst, Dirkie van Heerden, Elaine Herbst, Bettie Landsberg, Danica Kruger and Antoinette Hattingh. Well done to all!

